







Purpose of Lyme disease estimated risk areas map

The map of estimated Lyme disease risk areas, updated on a yearly basis, has been developed to assist clinicians in the diagnosis and/or treatment of Lyme disease, with potential exposures or tick bites in the risk areas delineated on the map leading to greater concern about the risks of Lyme disease. Risk areas are represented on the map based on tick dragging conducted in 2016. In addition, public health professionals can use the risk areas delineated on the map to determine if reported case exposure locations represent known or possible new/emerging risk areas, thus helping to inform public health messages aiming to raise awareness of Lyme disease risk areas in Ontario.

Definition of estimated risk area

An estimated Lyme disease risk area in Ontario is defined based on the methods described in *Assessment of a screening test to identify Lyme disease risk*, by Ogden et al. Ogden et al. describe methods for active tick surveillance that require conducting three person-hours of drag sampling in potential risk areas between May and October. In new locations with no history of blacklegged tick populations, tick dragging should be conducted at two different times in a one year period (spring and fall) to confirm the presence of the blacklegged ticks. They conclude that finding at least one blacklegged tick (*Ixodes scapularis*) during this time period may indicate a possible risk area for Lyme disease. Therefore, estimated risk areas are locations where blacklegged ticks have been identified or are known to occur and where humans have the potential to come into contact with infected ticks.

To warrant tick dragging, passive surveillance indicators must be present, and suitable conditions to support populations of blacklegged ticks must exist. Passive surveillance indicators may include, but are not limited to:

- information about ticks submitted for identification and/or testing for the Lyme disease bacteria
- assessment of exposure information from locally acquired human Lyme disease cases
- information from health care professionals

Estimated risk areas are calculated as a 20 kilometre radius from the centre of a location where blacklegged ticks were found through drag sampling. This is based on work done in Nova Scotia and adopted by the Public Health Agency of Canada for its Lyme disease risk mapping.^{2,3}

It should be emphasized that the habitat and host animal species necessary for the establishment and transmission of Lyme disease are not uniform within the estimated risk areas indicated on the map. Therefore, if there are no wooded or brushy areas (for example, a parking lot) within a section of the indicated risk area, it is expected that there would not be any blacklegged ticks present. As blacklegged ticks also feed on and are transported by migratory birds, it should also be noted that there is a low probability of encountering a blacklegged tick almost anywhere in Ontario. Reference locations are placed on the map to provide readers with geographic markers of where estimated risk areas are located. For information on ticks in your area, please contact your local public health unit.

Health Unit codes

| Health Unit Code | Health Unit | Health Unit Code | Health Unit |
|------------------------|---|------------------------|--------------------------------|
| ALG | Algoma District | NPS | North Bay Parry Sound District |
| BRN | Brant County | NWR | Northwestern |
| СНК | Chatham-Kent | OTT | Ottawa |
| DUR | Durham Regional | OXF | Oxford County |
| ELG | Elgin-St. Thomas | PEE | Peel Regional |
| EOH | Eastern Ontario | PDH | Perth District |
| GBO | Grey Bruce | PQP | Porcupine |
| HAL | Halton Regional | PTC | Peterborough County-City |
| HAM | Hamilton | REN | Renfrew County and District |
| HDN | Haldimand-Norfolk | SMD | Simcoe Muskoka District |
| НКР | Haliburton-Kawartha-Pine Ridge District | SUD | Sudbury and District |
| HPE | Hastings and Prince Edward Counties | THB | Thunder Bay District |
| HUR | Huron County | TOR | Toronto |
| KFL | Kingston-Frontenac and Lennox and | TSK | Timiskaming |
| LAM | Lambton | WAT | Waterloo |
| LGL | Leeds-Grenville and Lanark District | WEC | Windsor-Essex County |
| MSL | Middlesex-London | WDG | Wellington-Dufferin-Guelph |
| NIA | Niagara Regional Area | YRK | York Regional |

References

- 1. http://www.phac-aspc.gc.ca/publicat/ccdr-rmtc/14vol40/dr-rm40-05/dr-rm40-05-2-eng.php
- 2. http://novascotia.ca/dhw/populationhealth/documents/Lyme-Disease-Epidemiology-and-Surveillance-in-Nova-Scotia.pdf
- 3. http://www.phac-aspc.gc.ca/id-mi/tickinfo-eng.php

Suggested Citation

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For more information, visit www.publichealthontario.ca.

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